



## **Relationship Multiplier Self-Assessment**

*Published: November 2022*

*Author: Peter O'Donnell*

### **Introduction**

This tool is based on the Relationship Multiplier concept introduced in my [LinkedIn newsletter article](#) (November 22<sup>nd</sup>, 2022.) That article adds another dimension to the personal achievement equation... relationships. In addition to our own fuel sources, we can access those of others if we can engage them in our pursuit of an important action priority. Under the right conditions, they will not only share their resources, but they will also work alongside us.

At times, we've all failed to produce results we sincerely tried to achieve. We knew what needed to be accomplished, why that mattered, and how to meet our target. We made the effort, but our capacity was lacking... the knowledge, skill, aptitude, or other resources necessary just weren't there. Rather than give up, or lower our expectations, we should first explore how others might come alongside us with their resources, including their active participation.

### **How This Assessment Works**

Identifying others' potential contributions begins with looking beyond your own capacity and sincere efforts and admitting where you are falling short. **This can then guide your search for others who might be willing and able to support your efforts.**

### **The Process**

This assessment is a guided reflection on how to overcome what's blocking your success. You'll begin by describing your desired result. Next, you'll identify what's not working, and what you need to move forward. Finally, you'll list people you know who might be able to contribute what you're lacking.

So, grab whatever writing implements you need and dive in...

**When you're ready to complete the assessment, check out the next page!**

# *Relationship Multiplier Self-Assessment*

## ***How to Conduct a Relationship Multiplier Assessment...***

### ***Part 1: Describe a result you are committed to achieving...***

Think of a high priority result you very much want to achieve, but where your efforts have fallen short. Describe the result in specific, measurable terms, and state clearly why success is important to you. Then list the actions you've planned, or already taken, to accomplish this, successfully or not.

### ***Part 2: List specific actions where failure significantly undermines your prospects for success.***

Review your past and planned actions and list those that didn't succeed, or likely won't in the future. Highlight those that represent the major blocks to achieving your desired result.

### ***Part 3: Identify capacity deficits that others might be able to help you overcome...***

Now, review your list of barriers to success and identify where your current capacity to act is deficient. Consider the 'Health & Wealth' categories in [this earlier newsletter article](#). The most obvious category to assess first is 'People', and that includes yourself and others. Do you need to improve your capacity one or more areas of 'Whole Life Health?' Are you lacking in some area of knowledge, skills, or aptitude. Would you be more capable if you had others on your 'team', and what do you need them to bring. Are there specific goods, services, facilities, or other tangible capabilities you need to add? Is money an issue? If so, and you could raise it, what would you spend it on? Try to translate extra funds into people, goods, services, facilities, or whatever else you would buy with it. It's important to recognize that the impact of increased funding is in how you're able to put it to work.

### ***Part 4: List people you know who might be able and willing to support your efforts...***

Now for the relationship part... The clearer you are about desired results, why success matters, how you plan to achieve them, and what's blocking your success, it's easier to identify who might be able to help. Chances are you already know people who would be open to your request for support. Start with those closest to you... family, friends, neighbors, colleagues. Next, scan your contact and network lists. Third, identify others whose involvement might require a referral from someone you know.

You'll be surprised at how quickly you can build a list of people who can supply what you most need. Some will share the resources under their control. Others will help by connecting you to people they know who might help. Some will even get personally involved by completing actions in your plan.

**All that's left now is to invite them to partner with you in your success.**